

Don't get Flu

Get a Jab!

With the focus on COVID-19 you may have forgotten about flu. However, flu remains a risk and it is still advisable to have a flu vaccination, or 'jab', especially if you are in a group considered to be vulnerable.

Cottons Medical Centre is running two clinics for free flu vaccinations on:

Saturday 10th October, 8:00am-12:00pm

Saturday 17th October, 8:00am-12:00pm

Please make an appointment to attend one of the clinics.

You can get a free flu vaccination if you:

- are 65 and over (including those who will be 65 by 31 March 2021)
- have certain health conditions (such as respiratory, heart or neurological conditions, diabetes, liver disease or a weakened immune system.)
- are in a long-stay residential care, or are the main carer for an older or disabled person
- live with someone on the NHS shielded patient list
- are pregnant, or are a frontline health or social care worker

If you are have any symptoms of COVID-19 please do not attend the clinics. Refer to NHS guidelines regarding what to do.

Please do not bring children to the clinics.

Please do not use the car park, as it is needed for social distancing.

You can also make an appointment in the usual way for a vaccination if you prefer.